



## DR. ZHANG JIAN BIN

Dr. Zhang Jianbin is a Professor at Nanjing University of Chinese Medicine and is also the instructor of master and PHD students in university. He is a member in the education committee of the China Association of Acupuncture and Moxibustion and a special reviewer of the magazine "Chinese Acupuncture and Moxibustion". [Read more](#)

### **BOOK TO MEET DR. ZHANG AT AACMAC!**

**Australasian Acupuncture and Chinese Medicine Annual Conference**

**15-17 May 2020  
Gold Coast, Australia**

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# AACMAC 2020

## KEYNOTE SPEAKER

### PRESENTATION TOPIC

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An overview of the development of meridian system and its clinical application in treatment

### ABSTRACT CONTENT

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Meridian theory is one of the most basic theories of TCM, which is not only the understanding of human physiological and pathological functions, but also the clinical understanding of diseases and guiding treatment. When the ancient Chinese doctors constructed the theory system of meridians, there was a process of gradually enriching and developing, including the one-way and two-way connection between organs and limbs, the circulation of qi and blood in the human body, the relationship between specific diseases and meridian, the relationship between acupoints and meridian, the relationship between herbs and meridian, etc. Finally, a complex theoretical system is formed.

To take a clinical perspective and base on the clinical, the understanding and research of meridian theory are needed, diagnosis and treatment and its effect as the goal, and strand analysis, stratification and in-depth.

The lectures will be about the clinical application of meridian theory, which include: (1) meridian diagnosis, (2) distribution of meridian, (3) to select points for meridian circulation, (4) to connect qi through meridian, etc.



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## KEYNOTE SPEAKER

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The theory and clinical application of the Du Mai

### ABSTRACT CONTENT

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Du Mai is an important part of meridian theory in traditional Chinese medicine. It is closely related to the human spine, the brain at the top of the spine and the pelvic floor at the bottom. In ancient China, doctors, health practitioners and martial artists all paid attention to Du Mai and enriched and developed Du Mai theory in clinical practice and health cultivation.

The application of the Du Mai theory can not only effectively treat spinal diseases, but also treat head and face diseases, brain diseases, viscera diseases and pelvic floor diseases.

Based on the understanding and clinical practice of ancient and modern doctors, and combined with lecture's own understanding and practice, the lecture will explain Du Mai systematically from theory to clinical practice. At the same time, the lecture will explain the diagnosis method of Du Mai, the standard operation of Du Mai acupuncture and come with the operation practice demonstration.