



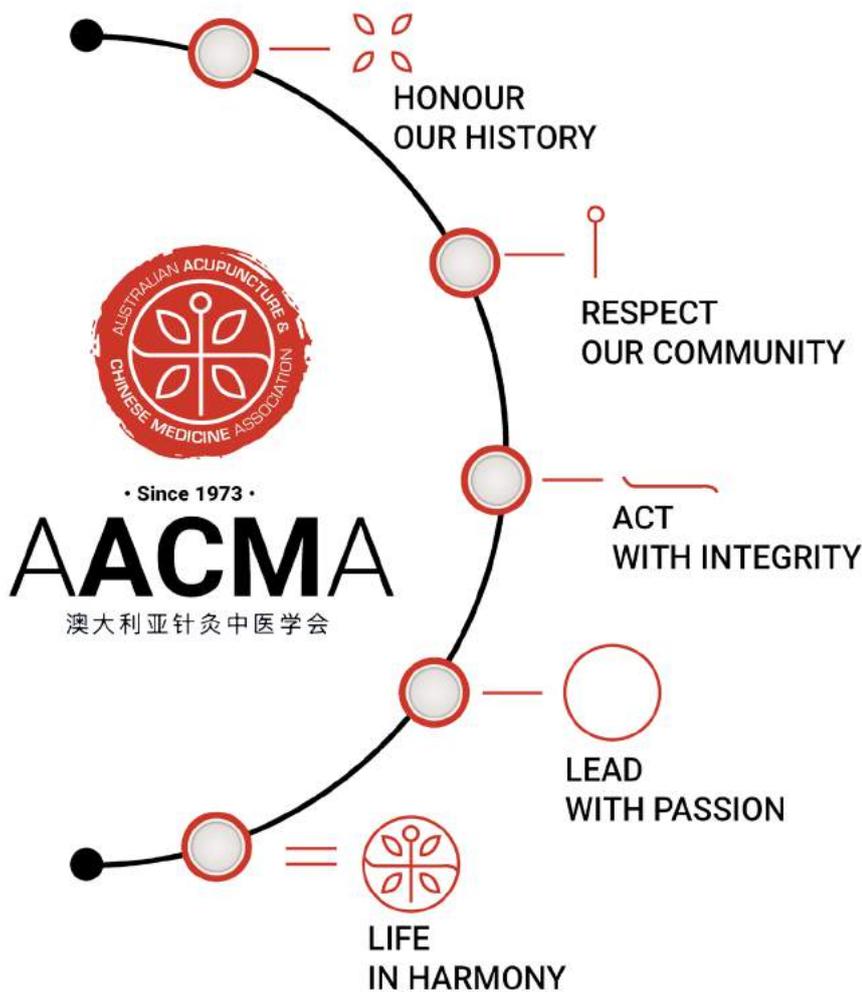
# AACMAC

Australasian Acupuncture and  
Chinese Medicine Annual Conference

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**PULLMAN MELBOURNE  
ON THE PARK**

**17-19 MAY 2019**



**Book of Abstracts and  
Conference Program**





# SAN

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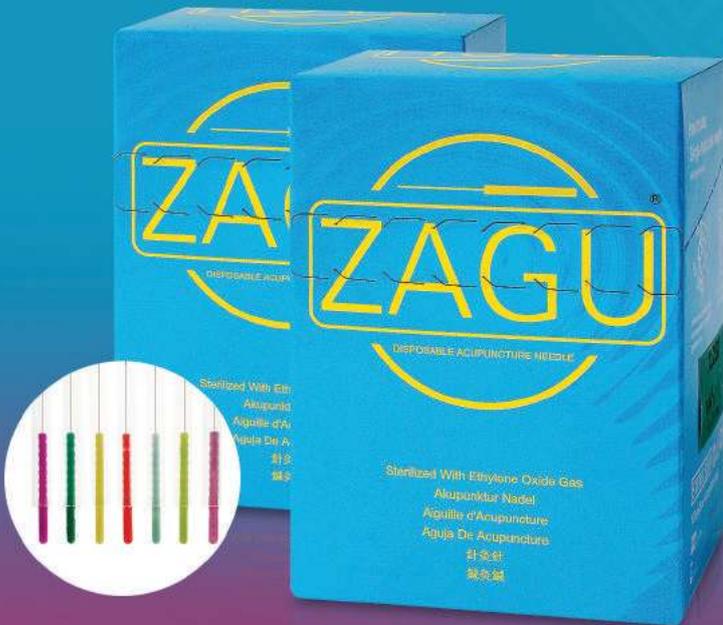
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# CONFERENCE INFORMATION

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## CONFERENCE DATES

### DAY 1- Friday 17 May 2019

9:00am-12:00pm	Pre-conference Workshop: Propagated Needle Sensation with Charles Buck
11:00am	Conference Registration Opens
12:30pm	Opening Ceremony
1:00-5:45pm	Concurrent Sessions
6:00-8:00pm	Cocktail Party

### DAY 2- Saturday 18 May 2019 (8:30am start)

8:30-10:30am	Concurrent Sessions
10:30am-12:00pm	Plenary - Keynote Speech from Mazin Al-Khafaji
1:00-4:00pm	Concurrent Sessions
4:30-6:00pm	AACMA Annual General Meeting

### DAY 3- Sunday 19 May 2019 (8:00am start)

8:00-11:00am	Concurrent Sessions
11:00am-12:30pm	Plenary - Keynote Speech from Charles Buck
1:30-5:00pm	Concurrent Sessions
5:00pm	Closing Ceremony

### DAY 4&5 - Monday & Tuesday 20-21 May 2019

9.00am-5.00pm	Post-conference Workshop: The Eight Methods for Resolving Heat with Mazin Al-Khafaji
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## COCKTAIL PARTY

### Friday 17 May 2019 6:00 – 8:00 pm (dress: smart casual)

The AACMAC Melbourne 2019 Cocktail Party will be held at the conference venue (Pullman Melbourne on the Park) in the Exhibition area (Ballroom Foyer). Alcoholic (beer, wine, sparkling wine) and non-alcoholic beverages plus finger food will be served.

Cocktail Party tickets are included in the delegate registration. Additional tickets for partners etc. must be purchased separately. Delegate Cocktail Party tickets (including pre-paid partner tickets) will be in your conference lanyard. If you wish to purchase additional tickets please visit the Registration Desk.

## CONFERENCE DELEGATES

AACMAC Melbourne 2019 conference and exhibition delegates receive the following as part of their registration:

Access to all academic sessions, opening and closing ceremonies, and conference pack.

Lunch, morning and afternoon teas on Saturday and Sunday, and afternoon tea on Friday, served in the Exhibition Area.

Cocktail Party on Friday night 17 May 2019 served in the Exhibition Area.

## LANYARDS (You are supporting a great cause!)

Delegates are required to wear their conference lanyards at all times. Once used at the conference, the plastic tags can be slipped off and the beaded section can be used as a necklace or bracelet.

Lanyards at AACMAC 2019 are from The Trading Circle ([www.thetradingcircle.com.au](http://www.thetradingcircle.com.au)) – a non-for-profit organisation that empowers women and girls to trade out of poverty. The lanyards are handcrafted by young women who used to be trafficked to Cebu to work. Now they are provided with the opportunity to learn new skills, gain an alternative way for income, and are able to work with dignity and self-respect.

## INSURANCE

Delegates requiring travel and health insurance should make their own arrangements. The hosts and organisers are not responsible for personal accidents, any travel costs or the loss of private property and will not be liable for any claims.

## DISCLAIMER

The hosts and organisers are not responsible for, or represented by, the opinions expressed by participants in either the sessions or their written abstracts.

## SMOKING

Smoking is not permitted in the venue.

## MOBILE PHONES

Please ensure your mobile phone is turned off/in meeting mode during sessions.

## CERTIFICATES

Certificates of Attendance will be emailed to delegates after the conference.



## VENUE INFORMATION



### **PULLMAN MELBOURNE ON THE PARK**

We are pleased to announce Pullman Melbourne on the Park has been chosen as the venue for AACMAC 2019. Pullman Melbourne on the Park stands on the threshold of Melbourne's business, dining, sports and cultural precincts. This 419-room landmark hotel, built on the site of the 1887 Cliveden Mansion alongside Fitzroy Gardens, adds a dash of history to its thoroughly contemporary style.

The main conference and the Cocktail Party on Friday night 17 May 2019 will be held on first floor (not ground floor) of the hotel.

**Address: 192 Wellington Parade,  
Melbourne VIC 3002 Australia**

## PRE AND POST-CONFERENCE WORKSHOPS

AACMA is proud to present Mazin Al-Khafaji and Charles Buck not only as the International Keynote Speakers for AACMAC 2019 but also the presenters for the Pre and Post-conference Workshops.

Please note accesses to the Pre and Post-conference Workshops are NOT included in AACMAC 2019 registration. Additional fees apply.

**Pre-conference Workshop 3 CPD points | 9:00am-12.00pm, Friday, 17 May 2019 | Ballroom 1**

### **Propagated Needle Sensation with Charles Buck**

In this workshop you learn the skills needed to deliberately send the de-qi sensation along the Jing-Luo system, the indications for Propagated Needle Sensation and the selection of points. You can also practice the specific techniques with Charles's guidance at the event.

To ensure the interaction time in the practice session, there are limited places for the pre-conference workshop. The event is SOLD OUT.

**Post-conference Workshop 12 CPD points | 9:00am-5:00pm, Monday-Tuesday, 20-21 May 2019 | Stradbroke & Huntingfield Room**

### **The Eight Methods for Resolving Heat with Mazin Al-Khafaji**

In this two-day workshop, Mazin will give an in-depth and eminently clear overview of his treatment protocols to tackle inflammatory disease of the skin. Skin conditions are a common presentation in clinics. If you wish to attend the event and learn from the foremost authority in treating dermatology with Chinese medicine, please visit Registration Desk.

Tickets prices are \$480 for AACMA members, \$280 for AACMA student members, \$680 for non-members, prices are catering included. An opportunity that may not come again or at this price!

## FROM THE PRESIDENT OF THE AUSTRALIAN ACUPUNCTURE AND CHINESE MEDICINE ASSOCIATION LTD (AACMA)

It is my pleasure, on behalf of the AACMAC Melbourne 2019 Organising Committee, to welcome all delegates to this year's annual conference. The conference is in its nineteenth year and continues to be the largest annual gathering of practitioners in our field in the southern hemisphere.

It is exciting to have colleagues from UK, Germany, China, New Zealand, Canada and USA participating in our conference. We extend to you a very warm welcome to Australia and hope you enjoy your time in our beautiful country. Welcome also to our local delegates from every Australian state and territory.

The annual conference provides the opportunity for members of our profession to explore the diverse nature of Chinese medicine. This respect for diversity is what makes our medicine strong, as we retain the traditional alongside modern developments and regional variations.

Every year since it started in 2000, the AACMA annual conference continues to bring the profession together, to facilitate networking between practitioners, academics and researchers and to create an environment for intellectual and scholarly exchange.

We are pleased to announce that AACMAC this year will see the attendance from regulating bodies: Australian Health Practitioner Regulation Agency (AHPRA), Therapeutic Goods Administration (TGA) and Chinese Medicine Board of Australia (CMBA). Senior representatives from regulating bodies will present in the respective areas that relate to everyday practice such as regulations and actions towards dry needling and reform on complementary medicines.

Over the past nineteen years, the quality and standard of presentations and workshops has continued to improve, attracting world renowned speakers making AACMAC a 'must-do' and 'must-attend' event in the professional year.

This year we have put together a full program with contributions from 32 speakers and 37 presentations

on various topics. Most of our speakers have travelled a long way to be here. Without our academics, researchers and practitioners contributing freely of their time and effort, we could not continue to host these important annual events.

This event would also not be possible without the support of our sponsors. We thank the exhibitors, sponsors and advertisers for their continuing support over the years, especially those who have been with the conference since its inception. Please take the time to visit all the trade exhibitors. A stamp collection game will be hosted this year in the exhibition area. A full collection will give you a chance to win the conference door prize. This year, every exhibitor is given a time on stage to engage with our delegates during the breaks. Keep an eye on the stage in Exhibition Area, as it could be a lucky draw that you don't want to miss!

We also acknowledge the work of the national office and volunteers. Our staff continue to impress with their organisation and ability to ensure that the conference runs smoothly, this year being no exception.

Finally, we would like to extend our thanks and appreciation to each and every conference delegate for their support and participation. Attending these conferences is a real demonstration of your active commitment to your continuing education and your profession.

The continued support shown by the profession again this year ensures that we can maintain and offer a high level of continuing professional development education and networking events.

I hope you find AACMAC Melbourne 2019 interesting, worthwhile and inspiring for your return to clinic to put into practice what you have learnt. The AACMA Board, our staff and committee members look forward to meeting and seeing you during the conference and we wish the conference every success.

**Waveny Holland**  
**AACMA President**

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**General Exhibitors**  
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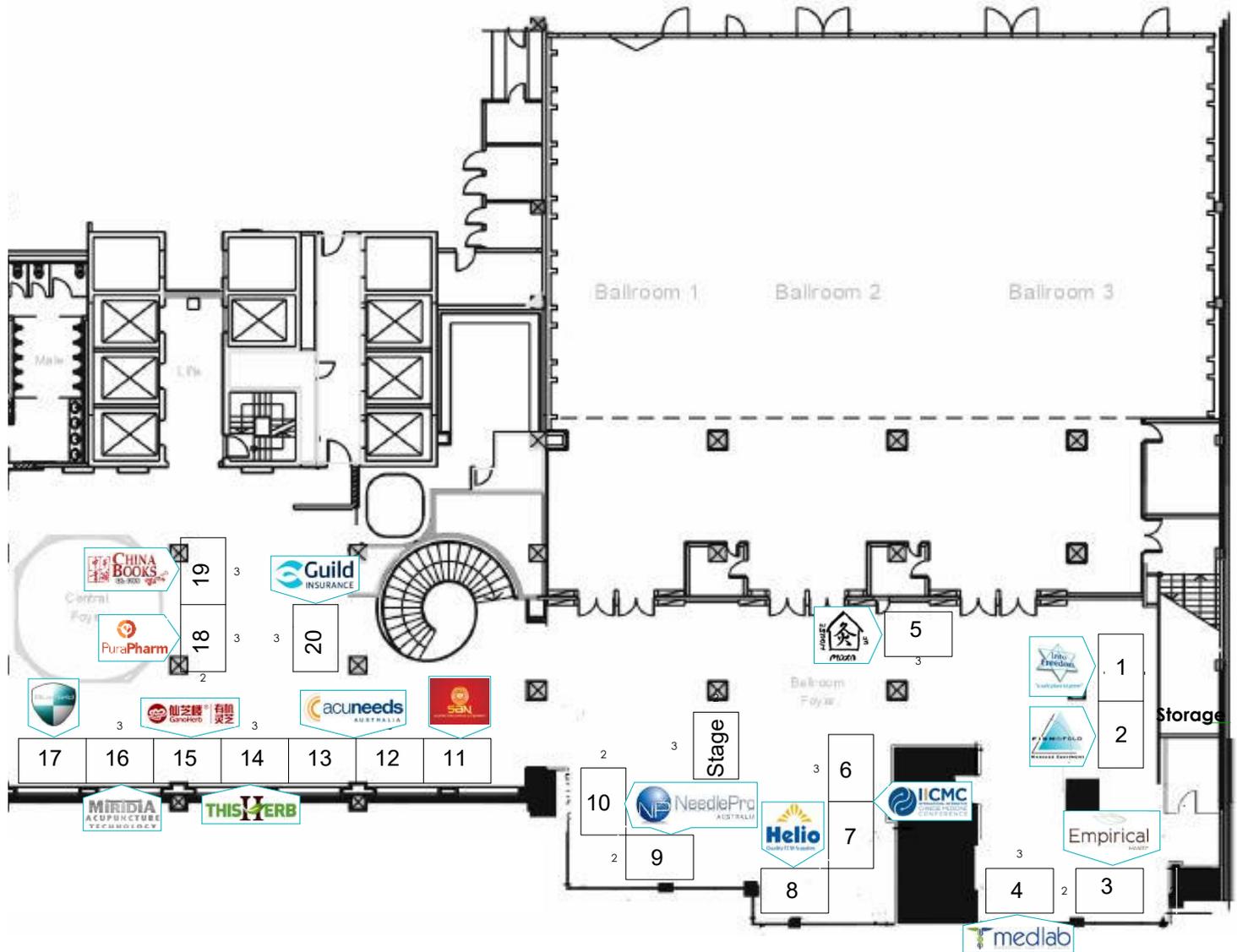
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### Best presentation on Chinese Medicine Professional Issues

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## WORKSHOPS

### KEYNOTE SPEAKERS

**Mazin AL-KHAFAJI (UK)**

*An Introduction to Understanding and Treating Disease of the Skin with Chinese Herbal Medicine (1)*

**Mazin AL-KHAFAJI (UK)**

*The Treatment of Bacterial Infections of the Skin with Chinese Herbal Medicine (2)*

**Charles BUCK (UK)**

*Truth Decay – how much of our ancient wisdom still makes sense today (3)*

### INVITED SPEAKERS

**Steve CLAVEY (AU)**

*Fu Qingzhu: his historical importance and the use of several key formulas (9)*

**David HARTMANN (AU)**

*Acupuncture Point Combinations in the treatment of the Heart Shen and Seven Emotions (14)*

**David HARTMANN (AU)**

*Five Element Archetypes - Who do you think you are? (15)*

**Michael POPPLEWELL (AU)**

*Benchmarking your TCM diagnosis (22)*

**Irene PRANTALOS (AU)**

*Psoriasis: Management is more than just a treatment (23)*

**Daniel SPIGELMAN (AU)**

*Wang Ju-Yi style Applied Channel Palpation (27)*

**Winston WANG (AU)**

*Pulse Diagnosis – Using Huangjia Yiquan Thousand Step pulse in clinical practising (29)*

**Greg WILLIAMS (AU)**

*Chinese Clock in Qigong & Acupuncture (30)*

**Zhen ZHENG, Carolyn ARNOLD and Dawn WONG (AU)**

*Engaging your patients in Pain Management: From Science to Practice (33)*

### SUBMITTED WORKSHOPS

**Edith GUBA (GERMANY)**

*Chinese philosophy, the bond between the theories of Chinese medicine and Qigong (12)*

**Adrian LARSEN (USA)**

*Root and Branch: Modern approaches to an age-old problem (16)*

**Bill PEARSON (AU)**

*Medical Qigong (20)*

**Peter SCARSELETTI (AU)**

*Regulating Function by Regulating Structure (25)*

**Peter SCARSELETTI (AU)**

*天癸 Tian Gui: Setting things in motion with Contemporary Acupuncture/Chinese Medicine Diagnostics/Treatment of the Body's Primary Hormonal Axes for Female/Male Fertility Treatment and General Health (26)*

**Ronnie STEIN (AU)**

*Japanese Moxibustion Techniques (28)*

## ORAL PRESENTATIONS

### KEYNOTE SPEAKERS

**Charles BUCK (UK)**

*Dose is the secret that cannot be taught (4)*

**Charles BUCK (UK)**

*Chinese Medicine History in Herb Formulas (5)*

### INVITED SPEAKERS

**Michael BROWN (AU)**

*Classical Acupuncture: the practical application of the Mingtang Jing 明堂經 (7)*

**Michael BROWN (AU)**

*Chinese Medicine: a source based approach (8)*

**Debra GILLICK and David GRAHAM (AU)**

*Dry needling – where does regulation fit in? (36)*

**Leigh HARPER (AU)**

*Professional Indemnity Insurance and Risk Management Hints and Tips (13)*

**Jane LYTTLETON (AU)**

*Acupuncture Stress and Fertility (18)*

**Michael POPPLEWELL (AU)**

*The Traditional Chinese Medical Diagnostic Descriptor; what It Could Mean for Your Clinical Practice (21)*

**Michael SHUM (AU)**

*Update on reforms to the Australian regulatory framework covering complementary medicines (34)*

**Charlie XUE (AU)**

*Views on Chinese Medicine as a regulated health care profession: inside-out vs outside-in (35)*

**Zhen ZHENG (AU)**

*Integrating acupuncture into surgical care: a framework driven by implementation science (32)*

### SUBMITTED PAPERS

**Joe AZUOLAS (AU)**

*Useful distal treatments for neck, back and sciatic pain (6)*

**Tina CZECH (AU)**

*Therapeutic laser for detecting and treating blockages to healing, using non-invasive laser diagnosis and localised neural and tissue therapy (37)*

**Ted DAVIS (AU)**

*Huangdi Neijing Lingshu: An Essay on its Name and Organisation, and some Reflections upon the Participating Interlocutors (10)*

**Louis GORDON (AU)**

*The San Jiao Organ has finally been discovered. Science calls it the Interstitium (11)*

**Jong Choon LEW (AU)**

*Astonishing benefits of Vegetarian/Vegan diet for humans, especially for Healthcare Practitioners (17)*

**Serg MEZHOV (AU)**

*Selection and application of different methods in point intervention therapy (19)*

**Clare PYERS (AU)**

*Treatment of women's health conditions from an Integrative TCM perspective (24)*

**Tyler ROWE (AU)**

*Acupuncture and Landform (31)*



# ABSTRACTS

## ABSTRACT NUMBER 1

**TITLE** An Introduction to Understanding and Treating Disease of the Skin with Chinese Herbal Medicine

**AUTHOR** AL-KHAF AJI, M

**PRESENTING AUTHOR** Dr Mazin AL-KHAF AJI (UNITED KINGDOM)

**EMAIL** mazin@avicenna.co.uk

Skin disorders in their various forms are amongst the commonest diseases suffered by mankind, accounting for no less than 1 in 5 of all visits to outpatient's departments in the Weston world.

Chinese herbal medicine has a real and enduring answer for a significant number of sufferers of many diseases of the skin. It can induce spectacular and lasting change in a whole range of intractable conditions such as eczema, acne and psoriasis and yet due to lack of specialists training, numerous practitioners of Chinese medicine fail to achieve optimal results that are well within their grasp.

In this brief introduction, an overview of Chinese medicines approach to understanding and treating skin disease is presented.

### Speaker Bio

Mazin is a master herbalist and recognised as one of the leading clinicians and teachers in the field of dermatology and Chinese medicine. Over the past three decades he has taught his successful and innovative approach to clinical practice to thousands of students worldwide. His teaching is firmly based on his own clinical practice and experiences of over 40 years in the field.

Mazin has treated unusual and difficult diseases with great success for the last 36 years, and has a particular interest in skin, auto-immune & allergic and inflammatory disease.

## ABSTRACT NUMBER 2

**TITLE** The Treatment of Bacterial Infections of the Skin with Chinese Herbal Medicine

**AUTHOR** AL-KHAF AJI, M

**PRESENTING AUTHOR** Dr Mazin AL-KHAF AJI (UNITED KINGDOM)

**EMAIL** mazin@avicenna.co.uk

Addressing one of the major threats to global health, Mazin Al-Khafaji will outline the important methods and protocols available to us for treating both acute and chronic, mild and severe bacterial infections of the skin.

In view of the dangerously high and increasing prevalence of antibiotic resistance worldwide, and the continued misuse of antibiotics in humans and the food chain, there has never been a more urgent time to utilise the effective approaches that Chinese medicine has to offer in managing these conditions, something Mazin has done with great skill and mastery for many years.

### Speaker Bio

Mazin is a master herbalist and recognised as one of the leading clinicians and teachers in the field of dermatology and Chinese medicine. Over the past three decades he has taught his successful and innovative approach to clinical practice to thousands of students worldwide. His teaching is firmly based on his own clinical practice and experiences of over 40 years in the field.

Mazin has treated unusual and difficult diseases with great success for the last 36 years, and has a particular interest in skin, auto-immune & allergic and inflammatory disease.

## ABSTRACT NUMBER 3

**TITLE** Truth Decay – Are some aspects of the classical tradition no longer right for the modern world?

**AUTHOR** BUCK, C

**PRESENTING AUTHOR** Mr Charles BUCK (UNITED KINGDOM)

**EMAIL** chesterclinic@yahoo.co.uk

Can we simply translate millennia-old medical textbooks and trust that those ancient truths to apply to our patients today? Are today's medical facts the same as those from another time and a distant culture? How much of Han dynasty medicine fits the contemporary clinical setting? In what ways do our patients differ from those of ancient China? Is it possible that parts of the traditional clinical discourse quite simply wrong for the modern westerner?

Mature scientists accept that their own cherished truths are tentative, simply today's understanding that will be amended in future – or perhaps even abandoned completely. Some have even sought to quantify his effect, introducing the idea of a decay of truths over time and asking how long does it take for half the accepted truths in a field of study to be shown to be wrong? For hepatology this has been estimated about eight years but for Chinese medicine ancient truths are often felt as sacred and inviolable - our facts are true for ever and ever. Our instinct is to defend them.

High-level professionals today value criticality, the ability to cold-bloodedly review the way that our beliefs become established and to accept that these beliefs may change in response to new information. As TCM practitioners we accept the tradition and we experience the power of its truths on a daily basis. Even so, we sometimes find things that don't quite add up, that some of the things we have learned don't quite make sense. So in this session Charlie revisits some of the truth decay dilemmas that he has noticed in his work of the last four decades.

You may disagree with some, or perhaps even all of the questions raised in this session but, with luck, your criticality score will rise.

### Speaker Bio

Charles has 35yrs experience as a TCM clinician, educator and author with diverse interests including medical sciences and classical oriental medicine.

Conducting brain research in 1976 exposed me to acu-neurophysiology research so he trained in Daoist acupuncture. From 1984 Charles pioneered UK CHM and set up first full CHM training. Awarded an MSc in 2000 he worked as a post-grad supervisor and examiner. Charles has expertise in fertility, oncology and dermatology and has published regularly including the textbook Acupuncture and Chinese Medicine – Roots of Modern Practice.

He has worked hard for TCM advocacy and stepped down as British Acupuncture Council Chairman in 2015.



## ABSTRACT NUMBER 4

<b>TITLE</b>	Dose - the secret that is never taught
<b>AUTHOR</b>	BUCK, C
<b>PRESENTING AUTHOR</b>	Mr Charles BUCK (UNITED KINGDOM)
<b>EMAIL</b>	chesterclinic@yahoo.co.uk

### Speaker Bio

Charles has 35yrs experience as a TCM clinician, educator and author with diverse interests including medical sciences and classical oriental medicine.

Conducting brain research in 1976 exposed me to acu-neurophysiology research so he trained in Daoist acupuncture. From 1984 Charles pioneered UK CHM and set up first full CHM training. Awarded an MSc in 2000 he worked as a post-grad supervisor and examiner. Charles has expertise in fertility, oncology and dermatology and has published regularly including the textbook Acupuncture and Chinese Medicine – Roots of Modern Practice.

He has worked hard for TCM advocacy and stepped down as British Acupuncture Council Chairman in 2015.

In this session we examine the case that modern standard Chinese herbal medicine practice often uses a narrower dose range than is appropriate. Appropriateness, yi (宜) appears in the historical literature as a key virtue of a good physician and is an issue that applies to all aspects of practice including acupuncture. Referencing the historical fangji literature as well as his clinical experience of prescribing Chinese herbs for westerners over the past 35 years Charles concludes that some patients respond to doses that might be considered ineffectual in modern China, whilst others require doses in excess of the standard bencao recommendations.

The wide range of doses seen in the historical literature is explained as being a consequence of differences in conceptualisation of causality between the ancient and modern worlds. In modern times we tend to think in terms of pharmaceutical dose-response curves, in ancient China the relationship between medicinal interventions and patient physiology was understood in terms of resonance between substances possessing related qualities. The more similar things are the more strongly they influence each other, an idea that might seem at first to be esoteric but has some credence in rationality.

To illustrate the narrative we will look at a few case histories, reference some historical literature, examine some pharmacology that hints of standard dose response curve anomalies. To conclude Charles offer some ideas on how we might begin to address the challenges of this “secret that is never taught” question in our secret that is never taught question in our clinical work.

## ABSTRACT NUMBER 5

<b>TITLE</b>	Chinese Medicine History In Herb Formulas
<b>AUTHOR</b>	BUCK, C
<b>PRESENTING AUTHOR</b>	Mr Charles BUCK (UNITED KINGDOM)
<b>EMAIL</b>	chesterclinic@yahoo.co.uk

This session outlines a narrative of the CHM tradition from beginnings to modern times. We focus on key formulas and the way that these represent the thinking of their time. The common thread that connects these is the ancient idea of yin-yang harmonisation (tiao he 调和) and we see how this ideal was achieved in different ways, in different styles and in different formulas. The formulas discussed will be familiar to you but each is framed in a way that contextualises and offers fresh insights into the thinking behind them. This helps our sense of engagement with the historical narrative and provides fresh perspectives on our work in the present day.

### Speaker Bio

Charles has 35yrs experience as a TCM clinician, educator and author with diverse interests including medical sciences and classical oriental medicine.

Conducting brain research in 1976 exposed me to acu-neurophysiology research so he trained in Daoist acupuncture. From 1984 Charles pioneered UK CHM and set up first full CHM training. Awarded an MSc in 2000 he worked as a post-grad supervisor and examiner. Charles has expertise in fertility, oncology and dermatology and has published regularly including the textbook Acupuncture and Chinese Medicine – Roots of Modern Practice.

He has worked hard for TCM advocacy and stepped down as British Acupuncture Council Chairman in 2015.

## ABSTRACT NUMBER 6

**TITLE** Useful distal treatments for neck, back and sciatic pain

**AUTHOR** AZUOLAS, J

**PRESENTING AUTHOR** Mr Joseph AZUOLAS (VIC, AUSTRALIA)

**EMAIL** engazuolas@bigpond.com

Most humans will suffer neck and back pain in their lifetime and in clinical practice these conditions will be seen in a significant number of patients seeking acupuncture treatments. There are a multitude of useful treatments for neck, back and sciatic pain using local and distal acupuncture points. However, distal treatments with acupuncture points that are located between the elbows and hands, or between the knees and feet, are convenient to use, require little disrobing and are extremely effective. Protocols and strategies for successful distal treatments of neck, back and sciatic pain will be discussed. The acupuncture treatments which are presented arise from and are explained by common threads linking Five Phase, Extraordinary Meridians, Tung, Imaging and Tan concepts. The use of Wrist Ankle Acupuncture will also be discussed. All treatment protocols described include supporting case studies.

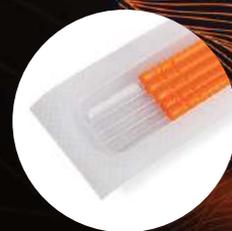
### Speaker Bio

The presenter studied Acupuncture at Endeavour in Melbourne and has been in practice for approximately ten years. Prior to entering practice, he was a Research Assistant at the Peter McCallum Cancer Institute, a Forensic Scientist then a Senior Research Scientist for the Department of Primary Industries.

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## ABSTRACT NUMBER 7

<b>TITLE</b>	Classical Acupuncture: the practical application of the Mingtang Jing 明堂經
<b>AUTHOR</b>	BROWN, M
<b>PRESENTING AUTHOR</b>	Mr Michael BROWN (QLD,AUSTRALIA)
<b>EMAIL</b>	michaelwbrown16@gmail.com

This lecture aims to demonstrate the practical applications of a text called the Mingtang Jing 明堂經. This is one of the earliest texts related to acupuncture, dating back to the Han dynasty. It formed part of Huangfu Mi's The Systematic Classic of Acupuncture and Moxibustion (針灸甲乙經), as well as being featured heavily in pre-Song texts. This lecture will examine several key acupuncture points discussing their clinical applications with commentaries and songs from Ming and Qing dynasty acupuncture texts such as The Great Compendium of Acupuncture and Moxibustion (針灸大成) and the Golden Mirror of Medicine (醫宗金鑑). The goal will be to illustrate to students and practitioners the importance and utility of early acupuncture texts in clinical practice.

### Speaker Bio

Michael Brown has been practising Chinese medicine for 10 years. He developed a passion for the classics of our medicine during his undergraduate and following the advice of one of his teacher's went to study Chinese language. Michael has since developed his practise and study around the classics of the medicine and aims to teach current and future practitioners about the importance of the classics in modern clinical practice.

## ABSTRACT NUMBER 8

<b>TITLE</b>	Chinese Medicine: a source based approach
<b>AUTHOR</b>	BROWN, M
<b>PRESENTING AUTHOR</b>	Mr Michael BROWN (QLD,AUSTRALIA)
<b>EMAIL</b>	michaelwbrown16@gmail.com

This lecture aims to demonstrate a critical feature missing in many practitioner's clinical thinking – a source based approach. Historical evidence of literature will be provided establishing that use of medical literature has always been a core part of our practice, and only recently have we stopped using Chinese medical literature to not only help us in our practice but also guide our clinical reasoning. This lecture will argue there are specific ways people can utilise the source texts in clinical scenarios, and then present past evidence of scholar-physicians utilising this approach such as Liu Wansu 劉完素 (of the Cooling School 寒涼派), Li Dongyuan 李東垣 (of the Nourishing Earth School 補土派) and Wu Jutong 吳鞠通 (author of the Wenbing Tiaobian 溫病條辨).

### Speaker Bio

Michael Brown has been practising Chinese medicine for 10 years. He developed a passion for the classics of our medicine during his undergraduate and following the advice of one of his teacher's went to study Chinese language. Michael has since developed his practise and study around the classics of the medicine and aims to teach current and future practitioners about the importance of the classics in modern clinical practice.

## ABSTRACT NUMBER 9

**TITLE** Fu Qingzhu: his historical importance and the use of several key formulas

**AUTHOR** CLAVEY, S

**PRESENTING AUTHOR** Mr Steven CLAVEY (VIC, AUSTRALIA)

**EMAIL** steveclavey@gmail.com

Fu Qingzhu is rightly known as a giant in the field of traditional Chinese gynaecology, but most practitioners are unaware that he is much more famous in China as a Che Guevara figure--a rebel against the Manchu government, hiding out in the mountains of Shanxi for twenty years--and as the man who transformed the whole course of Chinese calligraphy.

How Fu came to be the source of these wildly different influences is a fascinating story, especially when combined with the reason for the virtuous plagiarism of Chen Shiduo and the hidden texts of Fu Qingzhu. The session will also involve discussion of how I use a number of Fu Qingzhu's key formulas, including several from the missing "infertility" section that was not published in the Blue Poppy edition of Fu Qingzhu's Gynecology. The formulas I propose to cover are Liang Di Tang (兩地湯 Two Earth Decoction), and Qing Jing San (清經散 Cool the Menses Powder) for early periods; Tiao Gan Tang (調肝湯 Regulate the Liver) for dysmenorrhea; and Wen Bao Tang (溫胞湯 Warm the Uterus Decoction), Sheng Dai Tang (升帶湯 Raise the Dai [Channel] Decoction) and Kai Yu Zhong Yu Tang (開鬱種玉湯 Free Constraint to Give Birth to Jade Decoction) for infertility.

### Speaker Bio

Steve Clavey has been practicing Chinese medicine in Melbourne for 30 years. He is the author of Fluid Physiology and Pathology in Traditional Chinese Medicine, Chinese Herbal Medicine: Materia Medica and a current editor of "The Lantern" a hardcopy journal of Chinese medicine published in Australia.

## ABSTRACT NUMBER 10

**TITLE** Huangdi Neijing Lingshu: An Essay on its Name and Organisation, and some Reflections upon the Participating Interlocutors

**AUTHOR** DAVIS, T

**PRESENTING AUTHOR** Mr Ted DAVIS (VIC, AUSTRALIA)

**EMAIL** edavis@acucentre.com.au

When determining what precisely it was that the authors of the Lingshu were intending to convey, it is productive to think about the way the Lingshu has been named, organised and presented, as well as dealing with its overt contents.

Certainly the conceptual framework of Heaven, Earth and Man [HEM] can be shown to be highly influential in providing an understanding of its organisational structure. Indeed, the parameters created by HEM provide the key orientating referent when it comes to understanding its construction.

It is also worthwhile to divide the Lingshu's chapters into two broad categories, Interlocutory and non-Interlocutory, with the Interlocutory chapters being further considered in terms of Questioner and Respondent.

As well, the meaning of the names given to the participating interlocutors contributes considerable enlightening perspective. They have almost certainly been chosen with great care. All of which contributes to a deeper appreciation of the general pedagogic intention and impetus of the work.

It is clear that a great deal of thought and planning has been invested in the way the whole work has been shaped. Throughout, there is much complex interplay (almost entirely understated, often unstated), between organisational structure and the content presented, which serves to make the final work inherently interconnected.

To suggest these aspects were no doubt intended to provide mutual support is surely true, but this characterisation is not sufficient. Their combined contribution makes the Lingshu a highly integrated and sophisticated document in a number of respects - philosophical as well as medical.

### Speaker Bio

Ted Davis trained in economics in the 1970s. He subsequently trained in yoga and traditional Chinese medicine in the 1980s and 1990s, taught anatomy, physiology and neurology at undergraduate university level in the 1990s, taught acupuncture at two private colleges in the 1990s, and has been in part or full time TCM practice since 1989. He holds an advanced diploma of acupuncture, a master of applied science, and a doctor of philosophy from Medicina Alternativa.

## ABSTRACT NUMBER 11

<b>TITLE</b>	The San Jiao Organ has finally been discovered. Science calls it the Interstitium
<b>AUTHOR</b>	GORDON, L
<b>PRESENTING AUTHOR</b>	Dr Louis GORDON (QLD,AUSTRALIA)
<b>EMAIL</b>	<a href="mailto:louis.gordon@bigpond.com">louis.gordon@bigpond.com</a>

### Speaker Bio

Dr Louis Gordon graduated from the Brisbane College of Traditional Acupuncture as a Chinese Medicine Practitioner (Acupuncturist) in 1981. Louis runs a very successful practice in Toowoomba, QLD, having a special interest in treating women's health concerns and foot problems. Gordon has been investigating San Jiao's mystique for 37 years, and published a book titled "The 'Mystical' TCM Triple Energizer: Its Elusive Location and Morphology Defined", which discusses the San Jiao (Interstitium) in great detail.

Dr Louis Gordon believes that the missing TCM organ with "a name but no form", the San Jiao Organ (Triple Burner, Triple Energizer), has been discovered and was reported to the world in March 2018 by Professor Neil Theise. Theise stated that the largest organ in the human body has remained concealed due to a 200 year old intrinsic flaw of modern histology technique. The newly-discovered organ is called the interstitium (pronounced inter-STISH-um).

It constitutes a "fatty membrane" metasystem made up of minute collagenous vesicles containing body-fluids that move and irrigate the entire body. TCM calls this Sanjiao subsystem the Cou Li. This subsystem irrigates all regions deep inside the body that form an "external wall around the tsang and the fu" organs flowing outwards to the skin and flesh. Regarding San Jiao, the Nan Ching states, "The water-ways originate from there". Similarly, Professor Theise believes the Interstitium is responsible for pumping body-fluids throughout the entire body.

Gordon will discuss in detail how a dozen physiological and anatomical correspondences exist between the newly-discovered Interstitium and the ancient TCM San Jiao, confirming they are one-and-the-same.

Gordon believes the Nan Ching demonstrates that the San Jiao is the formless omnipresent organ-complex that exists as the exact shape of the individual in question, be that a very tall Tutsi, a small pygmy, a cat, a dog or a horse. He believes the "form" (morphology) of every single mammal is the mirror image of their ubiquitous San Jiao or Connective-Tissue Metasystem (Interstitium).

Gordon's information may well shine a light on the ubiquitous San Jiao Organ, giving practitioners a chance to see the San Jiao as a dedicated and intricate omnipresent organ-complex that manages water and body-fluid metabolism, endocrine and immunological functions and connects us to our external environment.

## ABSTRACT NUMBER 12

<b>TITLE</b>	Chinese philosophy, the bond between the theories of Chinese medicine and Qigong
<b>AUTHOR</b>	GUBA, E
<b>PRESENTING AUTHOR</b>	Ms Edith GUBA (GERMANY)
<b>EMAIL</b>	<a href="mailto:e.guba@qigong-daoyuan.net">e.guba@qigong-daoyuan.net</a>

### Speaker Bio

Edith Guba heads the Dao Yuan School for Qigong, which she founded in Germany together with her teacher, the Chinese Qigong Master Guo Bingsen. The aim of the school was and is the dissemination of traditional Chinese Qigong methods at a level that can maintain their traditional quality.

In their close collaboration, Guo Bingsen and Edith Guba have also translated the Dao De Jing, a fundamental work of Chinese philosophy, into French and German.

The teachings of Qi and its correspondences in man and cosmos; of Yin and Yang and their interrelations; of Jing, Shen, Wu Wei: they originate from Chinese philosophy and are the basis of Chinese medicine and Qigong.

Qi circulates in the meridians: both work with them. Both have the goal to dissolve blockades and to regulate the Qi flow. Traditional Chinese Qigong also makes it possible to absorb plenty of Qi from the cosmos while practicing, to transform it into biological Qi, so that it is available for one's own health and also for sending it out.

When practicing, a lot of saliva can form in the mouth. In the understanding of Qigong this is pure Jing. You swallow it in three swallows up to the lower abdomen. There it is transformed into Qi and is at our disposal to supplement the Qi in the organs and meridians as well as to send it out.

The original qi is located in the kidneys and determines our life expectancy. Qigong stores the absorbed Qi in the Dantian, an area in the lower abdomen, It supplements the Qi in the organs, if this is necessary and prevents us from exhaustion when we send out Qi.

A central instruction of Dao De Jing: "wei wu wei" - "acting without action" can also be applied in Chinese medicine. If there is plenty of Qi, the treatment becomes more relaxed and effective.

These theories correspond to the practice of Qigong and are presented through exercises.

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## ABSTRACT NUMBER 13

**TITLE** Professional Indemnity Insurance and Risk Management Hints and Tips

**AUTHOR** HARPER, L

**PRESENTING AUTHOR** Mr Leigh HARPER (VIC, AUSTRALIA)

**EMAIL** lharper@guildinsurance.com.au

### First 20 Minutes

The basic construct and workings of a professional Indemnity Insurance policy. Items to be addressed specifically are:

- Insuring Clauses. Public & Product Liability, Professional Indemnity (including Inquiries and Proceedings)
- What the policy pays for.
- Types of claims.
- 'Claims Made' policies – what to know.
- Claims example for an acupuncturist and associated cost.

### Second 20 Minutes

- Understanding risk management;
- What patients commonly complain about
- How complaints may be received
- Ways in which to handle or manage complains
- Risk reduction tips and strategies

### Final 5 minutes - Questions

#### Speaker Bio

Leigh's career as an insurance broker began back in 1998. Predominantly, Leigh has specialised in professional, executive and financial risks which has seen him service the needs of large professional associations and top 200 ASX listed corporate clients who operate across a broad range of industry sectors. Since joining Guild Insurance in 2014, Leigh's focus has switched to the allied health industry where he is primarily concerned with servicing the needs of some of Guilds largest association partnerships and their members.

## ABSTRACT NUMBER 14

**TITLE** Acupuncture Point Combinations  
in the treatment of the Heart  
Shen and Seven Emotions

**AUTHOR** HARTMANN, D

**PRESENTING  
AUTHOR** Mr David HARTMANN  
(QLD,AUSTRALIA)

**EMAIL** dahartmann8@gmail.com

When I graduated at the end of 1996 and started treating patients full-time, I didn't get patients coming to see me for emotional imbalances. In fact, the most common disorders I saw were musculoskeletal; mostly necks and low back problems. To be fair, they are still the two most common disorders I see in clinic. It seems like not much has changed in over 20 years.

But something definitely has and that is the increased number of patients wanting treatment for emotional imbalances. Not just women either, I'm getting plenty of men who are opening up and wanting treatment for a range of emotional disorders including, but not limited to, depression, anger, anxiety and phobias.

What I find disappointing though is that the literature and textbooks haven't kept up with this trend, and so we, as Chinese medicine practitioners, find ourselves in a bit of a bind. We have patients wanting treatment for emotional disorders, but we have limited literature to teach us what to do; particularly for some of the more obscure emotions outside of the standard seven.

This workshop is, therefore, the gap filler. I will review the Heart Shen and then progress through ten emotions looking at the following for each:

- Brief discussion.
- Partnered organs/elements.
- Typical Zang Fu patterns along with a treatment for some of the more commonly seen in clinic.
- A general acupuncture point combination with an explanation for why the points were chosen.
- Case studies.
- Practical demonstration.

If you treat patients with emotions, or simply find the topic interesting, then join me for this amazing workshop!

### Speaker Bio

David Hartmann has been an Acupuncturist for over 20 years graduating from the Australian College of Natural Medicine (now Endeavour) in 1996; David also completed a 'Master of Acupuncture' in 2009.

He has been a Chinese medicine lecturer for over 15 years in Australia as well as presented seminars throughout Australia, New Zealand, Germany, The Netherlands, and the USA. David has a textbook on acupuncture point combinations being released internationally in mid-2019; he already has his 'Acupoint Dictionary' textbook which was published in 2009.

David was also awarded the best acupuncture presentation by his peers at AACMAC 2018.

**ABSTRACT NUMBER 15**

**TITLE** Five Element Archetypes – Who do you think you are?

**AUTHOR** HARTMANN, D

**PRESENTING AUTHOR** Mr David HARTMANN (QLD,AUSTRALIA)

**EMAIL** dahartmann8@gmail.com

**Speaker Bio**

David Hartmann has been an Acupuncturist for over 20 years graduating from the Australian College of Natural Medicine (now Endeavour) in 1996; David also completed a ‘Master of Acupuncture’ in 2009.

He has been a Chinese medicine lecturer for over 15 years in Australia as well as presented seminars throughout Australia, New Zealand, Germany, The Netherlands, and the USA. David has a textbook on acupuncture point combinations being released internationally in mid-2019; he already has his ‘Acupoint Dictionary’ textbook which was published in 2009.

David was also awarded the best acupuncture presentation by his peers at AACMAC 2018.

Every one of us are born with a genetic makeup derived from our parents and ancestors. Within this genetic coding is a set of markers that pre-determines our growth, reproduction and development, plus our sexual maturation and puberty. This genetic make-up also gives us our personality both in terms of how we inherently view the world and then how we respond and react to this view. This can range from someone that is quick to anger; somebody who is too judgemental; a person who is unable to make decisions; or even someone who packs the house when they go on holidays.

One of the best ways to view these personality traits is through the eyes of the Five Element archetypes. Initially this Chinese medicine theory was a philosophical school that emerged during the violent civil war called, rather appropriately, the Warring States Period (475-221 BCE). The Five Element philosophers believed that everything in the universe was made up of five parts and this macrocosmic universe mirrored a person’s microcosmic world.

Within the Five Element archetype system there are five different personality types. One of them will be your dominant element; there will be a second element that is a support-act, and you will be a small part of the remaining three.

Understanding the Five Element archetypes helps you understand your patients better too, and this can only be a good thing. I also discuss how you communicate with each archetype.

Acupuncture point combinations will also be provided throughout. Join me for this fascinating workshop!



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## ABSTRACT NUMBER 16

**TITLE** Root and Branch: Modern approaches to an age-old problem

**AUTHOR** LARSEN,A

**PRESENTING AUTHOR** Dr Adrian LARSEN (UNITED STATE OF AMERICA)

**EMAIL** alarsen@miridiatech.com

Getting to the root of the problem is a fundamental priority in acupuncture, though many approaches fail to distinguish roots from branches. This is complicated by the Western-influenced mindset that expects instant results and evidence-based care.

This workshop will present techniques and technologies for identifying and correcting root and branch problems and distinguishing between the two. Techniques will include Ryodoraku, auriculotherapy, acupuncture, and evidence-based care. The workshop will consist of lecture and live demonstration.

### Speaker Bio

Dr. Adrian Larsen, DC, FASA, is a practitioner, researcher, inventor and President of Miridia Acupuncture Technology. In his practice and research, he focuses on delivering high-quality care using modern methods and equipment. He divides his time between teaching, research, publication, and developing more effective tools acupuncture. He has taught internationally since 2007 in Europe, Asia, Africa, and North America.

## ABSTRACT NUMBER 17

**TITLE** Astonishing benefits of Vegetarian/ Vegan diet for humans, especially for Healthcare Practitioners

**AUTHOR** LEW, J C

**PRESENTING AUTHOR** Mr Jong Choon LEW (SA, AUSTRALIA)

**EMAIL** johnjclew@gmail.com

The biggest mistake of humans, especially for practitioners of healthcare, is EATING MEAT without realising how wrong it is and the hefty price they have to pay for bad health in Jin (Body Essence), Qi (Energy emotional mind manifestations) and Shen (Soul and Spirits). We healthcare practitioners must not only enhance our skills through mechanical and physical skills but also on working with emotions and mental. The presentation shows how our health/skills, in all three aspects of body, mind and soul, can greatly improve if we, practitioners and patients alike, go vegetarian/vegan. Principles and theories are quoted and explained from many ancient and classical Chinese literature to prove the point. Quotes are presented in original complicated Chinese characters as well as their PinYin and English translations, preserving as much as possible the original meanings. Improving our own health as well as mastering of skills for our patients for much better results of treatments, we will all be surprised vegetarian/vegan is really the way/DAO.

### Speaker Bio

John is a practitioner and acupuncturist of Chinese Medicine. Coming from a background of third generation Chinese Malaysian, he grew up in a village and enjoyed the nurture of traditional Asian values. He started with scientific aerodynamics before moving on to traditional energy of Chinese medicine. He's trained in Malaysia, USA, Taiwan and China. John's currently teaching and practising in Adelaide, Australia.



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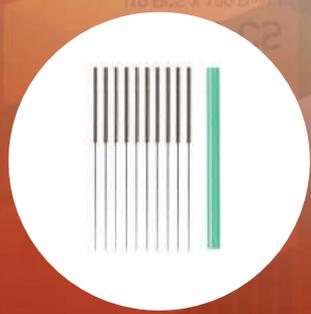
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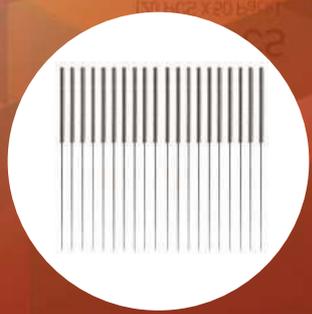
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## ABSTRACT NUMBER 18

**TITLE** Acupuncture Stress and Fertility  
**AUTHOR** LYTTLETON, J  
**PRESENTING AUTHOR** Ms Jane LYETTLETON (VIC, AUSTRALIA)  
**EMAIL** info@acupuncturepregnancy.com.au

Stress is increasingly one of the major challenges to well-being experienced in modern society – it's also one of the things for which patients frequently seek out acupuncture treatment.

And even amongst those patients who are not specifically looking for stress relief, most will comment on how very relaxed they feel after their acupuncture treatment.

This talk will look at the mechanisms of stress, how they have evolved, how they are mediated, and what effect they may have on fertility.

We will examine all the possible internal mechanisms for the profound effect acupuncture has on the stress response. And discuss the best ways that we can use these in clinic.

### Speaker Bio

BSc Hons (NZ), M Phil (Lond), Dip TCM (Aus), Cert Acup (China), Cert Herbal Medicine (China), Adjunct Fellow WSU.

Jane qualified as a research scientist and then as doctor of Chinese medicine. After 35 years of TCM clinical experience, and working with Western specialists, she appreciates the therapeutic scope of both systems working together.

Jane is a Director of a multi-modality medical centre and the Director of the Acupuncture Pregnancy clinics in Sydney and Melbourne.

## ABSTRACT NUMBER 19

**TITLE** Selection and application of different methods in point intervention therapy  
**AUTHOR** MEZHOV, S  
**PRESENTING AUTHOR** Dr Serg MEZHOV (VIC, AUSTRALIA)  
**EMAIL** tsonl@optusnet.com.au

All treatments we producing are start from diagnosing and pathology differentiation, following up by designing of treatment plan and then therapeutic methods. We know what is necessary to apply in variety of disorders and when it comes to the session, we have a lot of tools like: points selection methods and herbal combinations or techniques to use for stimulation etc. However there are "missing link" in many cases of treatment not being utilized – variation of different methods approaching of the points; needling, burning, pressure, blood releasing and positioning. This is what I want to punctuate today, what is the best to do out of Acupuncture- Zhen, Moxibustion- Jiu, Bloodletting- Fang Xie, Cupping- Ba guan, Finger pressure- Zhen fa, Setting manipulation- Zheng gu in time of therapy and how combine all above methods together.

### Speaker Bio

Dr S. Mezhov has practical experience in TCM and Western medicine for more than 35 years. His specialty is covering, but not restricted, areas of Sport medicine and Spinal disorders as well as neurology and Muscular-skeleton system. For all those above he using variety of intervention technics as Laser, acupuncture and Moxa, Tui-na, Shiatsu, Bonne setting manipulation (Chinese and Tibetan skills), Remedial massage. As a practitioner Serg has always been a part of WFAS, ISPRM and ISTAM international organization covering interest in Traditional, as well as, Modern rehabilitation and medical intervention skills with all development around the globe. He is current member of all of those organizations above.

## ABSTRACT NUMBER 20

**TITLE** Medical Qigong  
**AUTHOR** PEARSON, B  
**PRESENTING AUTHOR** Mr Bill PEARSON (TAS,AUSTRALIA)  
**EMAIL** chimed@billpearson.com.au

Medical Qigong is a practical workshop which works through all organ systems of the body using Qigong techniques and breathing to clear through any stagnation of the meridians and consequently clearing pathways and improving blood and oxygen flow. Linking to the Five Element Theory it reminds participants not only of the above but also of the emotional attributes of the organ and channel from the TCM perspective.

This is very much a physical workshop with Participants on the floor learning routines which they can not only perform by themselves after the event but work with patients in a clinical setting.

### Speaker Bio

Bill has been practising TCM since 1987, opened his Tai Chi - Qigong School over 20 years ago, has taught throughout Australia and has been invited to present at Minzu University and the China Academy of Chinese Medical Science in Beijing and Osaka and Tokyo.

He was invited to Beijing in 2018 to compete with eighty participants from eleven countries and was awarded the Excellent Performers Award.

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## ABSTRACT NUMBER 21

<b>TITLE</b>	The Traditional Chinese Medical Diagnostic Descriptor; what It Could Mean for Your Clinical Practice
<b>AUTHOR</b>	POPPLEWELL, M. REIZES, J. ZASLAWSKI, C.
<b>PRESENTING AUTHOR</b>	Mr Michael POPPLEWELL (NSW,AUSTRALIA)
<b>EMAIL</b>	michael@wentworthclinic.com

### General Description

Diagnostic reliability is a crucial aspect of any therapy, including Traditional Chinese Medicine (TCM). Recently, a series of three papers were published in the Journal of Alternative and Complimentary Medicine (JACM) by the present authors in a special edition reporting on diagnostic reliability and pattern recognition.

### Methods and Results

In these papers, diagnostic reliability of four or six practitioners, using the contemporary TCM diagnostic format, interviewing 35 patients drawn from an open population was calculated. The result (19% simple agreement) was much lower than would be considered acceptable to use as a basis for the confident application of interventions. This should be a cause for concern.

A solution was proposed: a novel format for recording a TCM diagnosis called the Traditional Chinese Medical Diagnostic Descriptor (TCMDD). The diagnostic reliability of the same 35 subjects used in the first paper was calculated. Simple agreement of  $80 \pm 2\%$  and Gwet's AC2 of  $.067 \pm 0.03$  was achieved.

### Commentary

A significant improvement in diagnostic agreement when the TCMDD is used and should be powerfully persuasive for serious consideration of adoption of for widespread use. The TCMDD facilitates its increase in diagnostic accord by capturing the essence of TCM diagnoses without significant decreases in diagnostic detail and provides a holistic representation of patients' health. In this talk, an explanation of how to use the TCMDD and the advantages of using this new format in clinical practice will be outlined.

The road forward for further possible improvement in diagnostic reliability will also be discussed.

### Speaker Bio

Dr Popplewell has been a successful practitioner for almost 30 years. His PhD (2016) investigated diagnostic reliability in TCM, making several recommendations to improve this critical area of our profession. He has a series of three papers recently published in the Journal of Alternative and Complimentary Medicine and was one of 16 'junior' presenters accepted from hundreds of worldwide applicants to present at the prestigious Society of Acupuncture Research conference in Beijing in 2014.

01 | 02

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## ABSTRACT NUMBER 22

**TITLE** Benchmarking your TCM diagnosis

**AUTHOR** POPPLEWELL, M

**PRESENTING AUTHOR** Mr Michael POPPLEWELL (NSW,AUSTRALIA)

**EMAIL** michael@wentworthclinic.com

Diagnostic reliability is a cornerstone in practice, but how does your diagnosis compare to other practitioners? In this practical workshop, you will get the chance to compare how your TCM diagnosis compares to other seminar participants in a non-confronting way, using a Delphi panel approach, with live patient interviews taking place in the session.

A new format for recording your TCM diagnosis called the Traditional Chinese Medical Diagnostic Descriptor (TCMDD) will be introduced and levels of inter-rater agreement using both the classic TCM and the TCMDD approaches will be calculated using Gwet's AC2, the appropriate chance removed inter-rater statistics.

### Speaker Bio

Dr Popplewell has been a successful practitioner for almost 30 years. His PhD (2016) investigated diagnostic reliability in TCM, making several recommendations to improve this critical area of our profession. He has a series of three papers recently published in the Journal of Alternative and Complimentary Medicine and was one of 16 'junior' presenters accepted from hundreds of worldwide applicants to present at the prestigious Society of Acupuncture Research conference in Beijing in 2014.

## ABSTRACT NUMBER 23

**TITLE** Psoriasis: Management is more than just a treatment

**AUTHOR** PRANTALOS, I

**PRESENTING AUTHOR** Mrs Irene PRANTALOS (VIC,AUSTRALIA)

**EMAIL** info@salubre.com.au

Skin diseases such as psoriasis have long been a tough illness to resolve. Modern medicine looks to suppress the immune system from being 'a nuisance' with drugs such as biologics; the reality is our strength as Chinese Medicine practitioners holds the key to truly helping patients take control of their health and understand the reasons why the illness occurred to begin with. This workshop will identify how to treat an acute flare up with Chinese herbal medicine and acupuncture, and how to empower patients with making the right nutritional and lifestyle choices to see the reduction in the frequency and intensity of future flare ups.

Additionally, research will be presented to help your patients understand the systemic nature of psoriasis. This includes insulin resistance's link to inflammation, obesity affecting the outcome of treatments and glutens impact on insulin resistance and inflammation. With over 3% of the world's population affected by psoriasis and modern medicine failing to address the root cause, it is our duty as Chinese Medicine practitioners to help those afflicted by psoriasis with treatments and guidance that will support them on their journey to optimal health.

### Speaker Bio

Irene Prantalos knows all too well the challenges associated with having psoriasis; diagnosed at the age of 11 and exacerbating to erythrodermic psoriasis by the age of 16, Irene was told by dermatologists they could no longer help her. Desperate and afraid, Irene turned to Chinese Medicine in the hope for some level of relief. Two months later, the psoriasis was completely gone. This led to Irene completing Chinese Medicine at RMIT University, Melbourne Australia. Irene's passion to share her experience and insights with other practitioners to help them confidently treat the complexities skin diseases such as psoriasis often bring.

## ABSTRACT NUMBER 24

**TITLE** Treatment of women's health conditions from an Integrative TCM perspective

**AUTHOR** PYERS, C

**PRESENTING AUTHOR** Ms Clare PYERS (VIC, AUSTRALIA)

**EMAIL** clare@discovertcm.com.au

Period pain, perimenopause and infertility are common reasons for women to seek the health of a natural medicine practitioner. Often women are already taking a range of natural medicines before they seek our help - either self-prescribed, or prescribed to them by another practitioner. Having an understanding of how these natural medicines work from a Chinese medicine point of view can give you greater insight into how your patient's pattern of disharmony is being affected by these substances, and allow you to better prescribe acupuncture or herbal medicine to support them.

### Speaker Bio

Clare Pyers is a practitioner who has been in full time clinical practice for the past 15 years. She is the host of Heavenly Qi podcast, author of Integrative TCM Guide to Pathology, co-director of IICMC, and co-founder of ACARB. Clare is also co-founder of Alchemy - a recently launched all-Australian Chinese herb formula range for women's health issues. Clare practices and lives in Melbourne.

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## ABSTRACT NUMBER 25

**TITLE** Regulating Function by Regulating Structure

**AUTHOR** SCARSELETTI, P

**PRESENTING AUTHOR** Mr Peter SCARSELETTI (NSW,AUSTRALIA)

**EMAIL** info@qiology.com.au

In Oriental Medicine, it is not only understood that structure effects the function of the body and its organs or systems, but also that impaired function of certain systems or organs of the body effects the structure and the dynamic movement of the body. This explains why issues in structure or function can affect the other. However, structural inhibitions can also be the simple cause of pain and discomfort anywhere in the body.

This workshop will not only cover the basic and advanced methods of regulating the structure of the body to regulate the functions of the body, but will also include unique, simple and powerful techniques to determine areas of blockage in the body to more accurately determine which areas to focus remedial exercises on.

These practices are simple and quick to learn and apply, and can be used for practitioner self-care, and taught to patients for remedial homework.

Diagnostic Body Awareness Practices:

1. Tension Awareness Practice (TAP)- Technique + Practice
2. Energy Field Awareness Practice (EFAP)- Technique + Practice

Specific Remedial Exercises primarily geared at regulating muscles, tendons, fascia, joints, Qi + Blood circulation, neurological signals and also enhancing proprioception:

1. Segmented Tension/Relaxation- Exercises- Muscle Groups/Body Zones
2. Musculoskeletal Stretching with Breathing Through Segments of the Body
3. Mobilisation Exercises for Segments of the Whole Body in a specific sequence.

This presentation is 90% Practical. Please wear loose fitting clothing if possible.

### Speaker Bio

Peter Scarselletti completed his Acupuncture/Chinese Medicine Degree at Western Sydney University in 2004.

Apart from clinical practice, Peter has been involved in a wide variety of roles in the Acupuncture/Chinese Medicine Industry. He is the founder and director of Qiology, an Acupuncture/Chinese Medicine industry partner geared at delivering diverse live and online CPD events and high quality Japanese Moxibustion products to the profession, and he is also founder and director of Moxashop.com.au, which supplies unique Japanese Artemisia products. From the opportunities offered to him through Qiology, Peter has been able to study and spend time learning from a number of the significant Acupuncture/Chinese Medicine educators of our time, which has resulted in the integrative treatment approach he now uses in clinic. Peter has also studied a variety of martial arts and health enhancement systems since his teenage years, and is a Systema Ryabko Breathwork Instructor (Instructor of Applied Methodology of Systema To Health), which has informed his clinical treatment approach.

## ABSTRACT NUMBER 26

**TITLE** 天癸Tian Gui: Setting things in motion with Contemporary Acupuncture/Chinese Medicine Diagnostics/Treatment of the Body's Various Hormonal Axes for Female/Male Fertility Treatment and General Health

**AUTHOR** SCARSELLETTI, P

**PRESENTING AUTHOR** Mr Peter SCARSELLETTI (NSW,AUSTRALIA)

**EMAIL** info@qiology.com.au

This 90-minute Integrative Chinese Medicine workshop will focus on contemporary acupuncture & Chinese medicine diagnostics & treatment of the major hormonal axes (Hypothalamic-Pituitary-Gonadal Axis, Hypothalamic-Pituitary-Adrenal Axis & Hypothalamic-Pituitary-Thyroid Axis) of the body, combined with a solid anatomy and physiology understanding to improve your results in female & male fertility cases, and general health.

The theory and practice of unique and easy to apply diagnostics & treatment methods from a variety of well known, and rare contemporary acupuncture & Chinese medicine styles and micro-systems will be elaborated on with a strong emphasis on regulating the Qi & Blood, the Hypothalamus, Pituitary Gland (anterior & posterior), and relevant endocrine organs depending upon the axis being treated and much more.

This workshop is highly recommended for those who work regularly with fertility, gynaecological and hormonal cases in clinic, and those who wish to gain effective new diagnostic and treatment skills that they can apply in clinic instantly.

### Speaker Bio

Peter Scarselletti completed his Acupuncture/Chinese Medicine Degree at Western Sydney University in 2004.

Apart from clinical practice, Peter has been involved in a wide variety of roles in the Acupuncture/Chinese Medicine Industry. He is the founder and director of Qiology, an Acupuncture/Chinese Medicine industry partner geared at delivering diverse live and online CPD events and high quality Japanese Moxibustion products to the profession, and he is also founder and director of Moxashop.com.au, which supplies unique Japanese Artemisia products. From the opportunities offered to him through Qiology, Peter has been able to study and spend time learning from a number of the significant Acupuncture/Chinese Medicine educators of our time, which has resulted in the integrative treatment approach he now uses in clinic. Peter has also studied a variety of martial arts and health enhancement systems since his teenage years, and is a Systema Ryabko Breathwork Instructor (Instructor of Applied Methodology of Systema To Health), which has informed his clinical treatment approach.



## ABSTRACT NUMBER 27

**TITLE** Wang Ju Yi Style Applied Channel Theory and Channel Palpation

**AUTHOR** SPIGELMAN, D

**PRESENTING AUTHOR** Mr Daniel SPIGELMAN (NSW,AUSTRALIA)

**EMAIL** purplecloudinstitute@gmail.com

This workshop will introduce the theory and diagnostic techniques of Wang Juyi during his 50 years experience in Beijing hospitals, private clinics and research institutes. Channel examination is a classical diagnostic technique not often taught in acupuncture schools in the West including observation, pressing and palpation of pulses and channels to discover various changes that can assist in confirming and diagnosis and selecting points. In addition to channel examination, Applied Channel Theory is a complete system that includes channel theory, channel differentiation, channel selection, the nature of acupuncture points, point selection and location and various methods of channel regulation including acupuncture, moxibustion and bodywork techniques. The workshop will touch on the basic theory involved as well as an interactive hand-on component so attendees will be able to apply what they have been taught in their clinical practice.

### Speaker Bio

Daniel Spigelman spent close to a decade working and studying in China, receiving his Bachelor's degree from the Beijing University of Chinese Medicine. During this time he had the opportunity to train in depth with many eminent physicians including Wang Ju Yi and Andrew Nugent-Head. He is an inner door disciple of the Zhang Ce lineage of Tai Chi Tong Bei and a 24th Generation Disciple of the Daoist Wudang Pure Yang Sect. He also maintains private practice in Sydney.

## ABSTRACT NUMBER 28

**TITLE** Japanese Moxabustion Techniques

**AUTHOR** STEIN, R

**PRESENTING AUTHOR** Mr Ronnie STEIN (NSW,AUSTRALIA)

**EMAIL** ronnie@kiclinc.com.au

Practical workshop to learn how to roll and perform various Moxibustion techniques. Moxa can be used for both warming or cooling of the body, as well as stimulation of blood circulation and relaxation of muscles. Various Moxibustion techniques will be explained, demonstrated and then participants will be encouraged to try these techniques on each other through out this workshop.

Here is an opportunity to further explore and to deepen participants understanding of these techniques. I would like for participants to learn how to do the various Moxibustion techniques that will be demonstrated, so that they can go back to their clinics confident that they are proficient at actually performing some (if not all) of the various techniques that will be demonstrated at this workshop.

### Speaker Bio

Ronnie Stein has a wealth of knowledge. He has been practising acupuncture for the last twenty years. He studied at the University of Technology, Sydney and finished his clinical training in Japan. He established the Ki Clinic at Bondi Beach in 1997 and has been helping people with a holistic approach to a wide range of health issues ever since.

## ABSTRACT NUMBER 29

**TITLE** Pulse Diagnosis – Using Huangjia Yiquan Thousand Step pulse in clinical practising

**AUTHOR** WANG,WEN CHENG,W

**PRESENTING AUTHOR** Professor Winston WANG (VIC,AUSTRALIA)

**EMAIL** winstonwang99@gmail.com

Huang Jia Yi Quan Thousand Steps Pulse is a high accuracy of disease diagnosis. Acupuncture is applied in accordance with the pulse motion at the root of knot (Gen Jie Dian) and the point of tendon knot (Jie Jin Dian), under the principle of using needles on pathogetic locations directly. For difficult and complex pain syndroms of acute and chronic bone and joint diseases, such as fracture, prolapse of cervical/lumbar intervertebral disc.

### Speaker Bio

Professor Wang is the Director of Chinese Medicine and Acupuncture Society Victoria (CMASA) and the Vice President of World Federation of Traditional Chinese Orthopaedics in Victoria.

## ABSTRACT NUMBER 30

**TITLE** Chinese Clock in Qigong & Acupuncture

**AUTHOR** WILLIAMS, G

**PRESENTING AUTHOR** Mr Greg WILLIAMS (QLD,AUSTRALIA)

**EMAIL** gregqiarts@gmail.com

Based on Greg's own translations from acupuncture & Qigong classics, we shall practice Chinese Clock techniques from both a Qigong Life-Cultivation and an acupuncture treatment perspective. The Qigong Clock—called the Heavenly Circulation—circulates up the spine as the Governor Du from midnight to midday, then down the front midline as the Conception Ren from midday to midnight. Corresponding with the 12 Earthly branches & the tidal Hexagrams from the IChing, we shall breathe & posture through major Spirit Acu-points (similar to Yoga's Chakras) around this celestial clock; for example Qi-posturing through Gate to Source CV 4, Stone Gates CV 5 & Lifegate GV 4 to ground the lower Dantian into Earth.

Whilst Qi circulates around this celestial Clock, it simultaneously moves through each of the channels every 2-hours, starting with the lung at 3am and ending with the liver at 3am the next day. We shall use this second Chinese Clock to treat symptoms like deep Qi & blood blockages causing stiffness/pain as well as cyclic & postural symptoms.

Time permitting at the end, Greg will give a deep rice-grain moxa demonstration to move/warm deep Qi & blood blockages.

### Speaker Bio

Having studied/practiced Acupuncture, Taiji & Qigong in Australia, Japan, China & Thailand for 21 years, Greg now treats & teaches his Qigong Acupuncture style in his Brisbane clinic (& Byron district). Fluent in ancient Japanese, he translates the Acupuncture & Qigong classics from Japanese sources of Chinese text, which he transforms into practical workshops for his students; as well having authored 2 Qigong Acupuncture books—a third; deeper, more evolved publication is on its Way...



## ABSTRACT NUMBER 31

**TITLE** Acupuncture and Landform

Our geography affects our health and by virtue of this, it also affects our treatment methods.

**AUTHOR** ROWE,T

On four separate occasions the Neijing discusses the importance of knowing the 'Principles of the Earth below'. These are usually as part of a trinity alongside the 'Patterns of the Heavens above' and the 'Affairs of Humans at the centre'. Majority of our training in Chinese Medicine resides in the latter; we are understandably, particularly focussed on people. Whilst some practitioners may be versed in astronomical matters in the form of Stems and Branches based systems of Chrono-acupuncture, very few have studied terrestrial structures.

**PRESENTING AUTHOR** Mr Tyler ROWE (VIC,AUSTRALIA)

**EMAIL** tyler@chinadragon.com.au

This presentation will examine the local landscape of our country Australia in context of Suwen 12 'Different Methods Suitable to Directions'. Analysing the five regions, and taking a philosophical look at their people, diseases and appropriate therapies.

### Speaker Bio

Tyler graduated VU with Bachelors in Acupuncture & Chinese Herbs, 1997/1999.

In 2009 he began studies with Arnaud Versluys (Institute of Classics in East Asian Medicine) graduating a Diplome of Canonical Chinese Medicine, 2013. Tyler has been studying with David White (Institute of Neijing Research) since 2015.

Tyler speaks internationally on practical application of classics. In recent years developing a specialty course on Wuyun Liuqi 'Five Movements Six Qi' system of the Neijing for ICEAM.

## ABSTRACT NUMBER 32

<b>TITLE</b>	Integrating acupuncture into surgical care: a framework driven by implementation science
<b>AUTHOR</b>	ZHENG, Z
<b>PRESENTING AUTHOR</b>	Dr Zhen ZHENG (VIC,AUSTRALIA)
<b>EMAIL</b>	Zhen.zheng@rmit.edu.au

### Speaker Bio

Dr Zhen Zheng is a member of AACMA, a registered Chinese medicine practitioner and an Associate Professor in Chinese medicine at RMIT University. She leads a multidisciplinary team that has successfully implemented acupressure for postoperative nausea and vomiting in a Victorian Hospital. Her other research areas are implementing effective treatments to enhance pain management and identifying ideal protocols of acupuncture for acute and chronic pain.

Acupuncture has been found to be effective for postoperative pain and postoperative nausea and vomiting (PONV). Surgical patients prefer non-drug adjunct therapies. Furthermore, medical staff and nurses in perioperative field are willing to refer patients to evidence-based acupuncture. Unfortunately acupuncture has not been integrated into postoperative care although the guidelines recommend this non-drug therapy for some surgical related complications.

Integrating acupuncture into the mainstream medicine requires more than evidence and willingness or positive attitudes of stakeholders. The process of integration is essentially a progress of implementation and requires knowledge and skills of implementation science.

Our RMIT group, in collaboration with Northern Hospital, implemented acupressure for PONV. Incorporating implementation science with our learning from the project, we developed the world first implementation framework to enable the integration. The framework provides a step-by-step approach to help clinicians and researchers to examine the evidence for implementation, select the appropriate form of acupuncture/ acupressure, assess the settings, form teams and develop implementation strategies to meet the local needs for managing PONV.

This framework will facilitate the uptake of perioperative use of acupuncture / acupressure to enable positive impact on patient outcome and reduce cost associated with management of PONV and postoperative pain.

## ABSTRACT NUMBER 33

<b>TITLE</b>	Engaging your patients in Pain Management: From Science to Practice
<b>AUTHOR</b>	ZHENG, Z;ARNOLD, C;WONG LIT WAN, D
<b>PRESENTING AUTHOR</b>	Dr Zhen ZHENG;Associate Professor Carolyn ARNOLD; Dr Dawn WONG (VIC,AUSTRALIA)
<b>EMAIL</b>	Zhen.zheng@rmit.edu.au

Chronic pain affects one in five Australians. Research into pain and pain management grows rapidly. Although about one in 10 Australians uses acupuncture for pain management in primary care, the effective use of this non-drug therapy in modern pain medicine is an area yet to be explored. In this workshop, A/Prof Arnold, a pain specialist, will present on modern pain research findings with a focus on how cognitions and behaviours modify pain. A/Prof Zheng will showcase a patient education brochure that has been developed by a multi-disciplinary team at RMIT University, and discuss on how the brochure can be used in acupuncture practice. Finally Dr Wong Lit Wan will explain the impact of the endogenous pain controls on individual's response to acupuncture and on needle placement. There will be time for interaction.

### Speaker Bio

A/Prof Arnold is a pain specialist and the director of Caulfield Pain Management and Research Centre, Alfred Health. She has been in pain practice for 28 Year. A/Prof Zheng has been researching pain and acupuncture for over 17 years and is passionate about improving the effectiveness of acupuncture through research. Dr Wong Lit Wan completed her PhD project which examined the impact of the potency of endogenous pain controls on acupuncture analgesia in humans.



## ABSTRACT NUMBER 34

**TITLE** Update on reforms to the Australian regulatory framework covering complementary medicines

**AUTHOR** SHUM, M

**PRESENTING AUTHOR** Mr Michael SHUM (ACT,AUSTRALIA)

**EMAIL** Michael.Shum@health.gov.au

The Complementary and OTC Medicines branch is continuing to implement reforms to the regulatory framework covering complementary medicines arising from the Review of Medicines and Medical Devices Regulation (MMDR). These reforms focus on the listed medicine framework but also covered registered complementary medicines. This presentation will describe the current status of the MMDR reforms as well as other relevant changes to the therapeutic goods legislation and how the changes may affect the traditional Chinese medicines industry.

### Speaker Bio

Michael Shum is the Director of the Business Improvement and Support Section within the Complementary and OTC Medicines Branch at the Therapeutic Goods Administration at the Australian Government Department of Health. He is responsible for coordinating regulatory reforms and business improvements to the complementary medicine regulatory framework. In previous roles at the TGA Michael has worked in medical devices, prescription and OTC medicines regulatory reform and product evaluation.

## ABSTRACT NUMBER 35

**TITLE** Views on Chinese Medicine as a regulated health care profession: inside-out vs outside-in

**AUTHOR** XUE, C

**PRESENTING AUTHOR** Professor Charlie XUE (VIC,AUSTRALIA)

**EMAIL** charlie.xue@rmit.edu.au

The landscape of regulation and health regulation is ever changing. Lessons learned from the recent Royal Commissions in Australia are being carefully considered by all regulators. The NRAS is now 10 years on. Where is Chinese Medicine as part of the NRAS? What have we achieved? I will discuss inside-out views and outside-in views then explore our particular challenges and priorities for 2019 and 2020.

### Speaker Bio

Distinguished Professor Charlie C Xue has been Chair of the Chinese Medicine Board of Australia since its inception in 2011. He is the Executive Dean Health and Biomedical Sciences at RMIT. Prof Xue is an accomplished academic in teaching and research with a focus on evidence-based medicine. He has been a member of the WHO Expert Advisory Panel since 2007.

## ABSTRACT NUMBER 36

**TITLE** Dry needling – where does regulation fit in?

**AUTHOR** GRAHAM, D; GILLICK, D

**PRESENTING AUTHOR** Dr David GRAHAM;  
Ms Debra GILLICK  
(VIC,AUSTRALIA)

**EMAIL** davidt.graham@bigpond.com;  
debra.gillick@ahpra.gov.au

Dry-needling has been one of the most “frequently asked questions” at the forums conducted by the Board and in a recent social research survey conducted by AHPRA. The Board clearly understands the concerns raised by members of the Chinese medicine profession. This presentation will set out the issues and explain the avenues of action which are available.

### Speaker Bio

Dr Graham has qualifications in pharmacy and pharmacology. He has managed major health and welfare programs in the Federal Government, including being the national manager of the Therapeutic Goods Administration. Following retirement from the public service, he has served on a range of not-for-profit and government Boards. Dr Graham is currently an adjunct professor at RMIT University and past Chair of an ISO committee, TC 249, which is developing international standards for TCM and related health systems.

Ms Gillick has qualifications in nursing, occupational health and safety, public sector management and general management. She has managed health-related services and organisations for 40 years and was Registrar of the Chinese Medicine Registration Board of Victoria from its inception in 2001. Since the establishment of the Chinese Medicine Board of Australia in 2011, she has supported the CMBA.

## ABSTRACT NUMBER 37

**TITLE** Therapeutic laser for detecting and treating blockages to healing, using non-invasive laser diagnosis and localised neural and tissue therapy

**AUTHOR** CZECH, T

**PRESENTING AUTHOR** Ms Tina CZECH  
(VIC,AUSTRALIA)

**EMAIL** info@ailt.com.au

Chronic illnesses and inflammatory disease have increased and calls for new approaches in diagnosis, as well as treatment. Identifying a pathological process is no longer sufficient for the exclusive explanation of a health condition, regardless of medical speciality or treatment method. Long term success can only be achieved when all possible causes of an illness are considered and comprehensive action is taken. TCM is based on the holistic view that a human body is a highly connected, energetically open system, through which a so-called life energy or Qui flows, via invisible pathways belonging to specific organs both in energetic and medical terms and connecting to different parts of the body. As long as the routes through the living matrix mesenchyme tissue are not blocked, all systems will function, however if for any reason the matrix feedback regulation is dysregulated for a period of time a sub-clinical focal disturbance can arise. The disturbance is characterised by round-cell infiltrates, permanence of glycosaminoglycans and decompensation of neurovascular regulation and subsequent dystonia within an area of the internal body. This loss of vascular flexibility, can result in a fixed pathological change of the organ and the creation of a hidden localised inflammatory state, which will eventually develop into clinical symptoms both at a pathophysiological level, as well as at a higher energy level i.e. Qui. Therapeutic laser can now be utilised for both diagnosis and treatment of a hidden focal disturbance, which will be discussed during this 45-minute oral presentation.

### Speaker Bio

Ms Czech is a leading international expert in laser photobiology and phototherapy, with over 25 years of teaching and clinical practice in laser tissue repair, dermatology and physical rehabilitation. She has studied in the United Kingdom, USA and Germany and authored several governments accredited post graduate courses in laser, supervises clinical research and is a regular reviewer of scientific manuscripts in the field of laser photomedicine and was made a Life Member of the International Society for Laser Medicine and Surgery for her contribution to this field.



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# DAY ONE

**FRIDAY 17 MAY 2019**  
**CONFERENCE PROGRAM | 4 CPD POINTS**

## 12:30 - 1:00pm | Opening Ceremony | Ballroom

	Ballroom 1	Ballroom 2	Ballroom 3
<b>1:00-2:00pm</b>	<i>Chair: Waveny Holland</i>	<i>Chair: Richard Li</i>	<i>Chair: Matt O'Hara</i>
<b>Session A</b>	<b>1:00pm</b> <b>Jane Lyttleton</b> Acupuncture Stress and Fertility (18) [Lecture]	<b>1:00pm</b> <b>Louis Gordon</b> The San Jiao Organ has finally been discovered. Science calls it the Interstitium (11) [Lecture]	<b>1:00pm</b> <b>Michael Shum (TGA)</b> Update on reforms to the Australian regulatory framework covering complementary medicines (34) [Lecture]

## 2:00 - 2:30pm | Afternoon tea | Exhibition Area

<b>2:30-4:00pm</b>	<i>Chair: Andrew Matfin</i>	<i>Chair: Richard Li</i>	<i>Chair: Rose Pinter</i>
<b>Session B</b>	<b>2:30pm</b> <b>Peter Scarselletti</b> 天癸 Tian Gui: Setting things in motion with Contemporary Acupuncture/Chinese Medicine Diagnostics/Treatment of the Body's Primary Hormonal Axes for Female/Male Fertility Treatment and General Health (26) [Workshop]	<b>2:30pm</b> <b>Adrian Larsen</b> Root and Branch: Modern approaches to an age-old problem (16) [Workshop]	<b>2:30pm</b> <b>David Hartmann</b> Acupuncture Point Combinations in the treatment of the Heart Shen and Seven Emotions (14) [Workshop]

## 4:00 - 4:15pm | Interval

<b>4:15-5:45pm</b>	<i>Chair: Andrew Matfin</i>	<i>Chair: Matt O'Hara</i>	<i>Chair: Rose Pinter</i>
<b>Session C</b>	<b>4:15pm</b> <b>Clare Pyers</b> Treatment of women's health conditions from an Integrative TCM perspective (24) [Lecture]	<b>4:15pm</b> <b>Michael Popplewell</b> Benchmarking your TCM diagnosis (22) [Workshop]	<b>4:15pm</b> <b>Daniel Spigelman</b> Wang Ju-Yi style Applied Channel Palpation (27) [Workshop]
	<b>5:00pm</b> <b>Charles Buck</b> Dose is the secret that cannot be taught (4) [Lecture]		

## 6:00 - 8:00pm | Cocktail Party | Exhibition Area



# DAY TWO

**SATURDAY 18 MAY 2019**  
**CONFERENCE PROGRAM | 8 CPD POINTS**

	<b>Ballroom 1</b>	<b>Ballroom 2</b>	<b>Ballroom 3</b>
<b>8:30-10:00am</b>	<i>Chair: Andrew Matfin</i>	<i>Chair: Rose Pinter</i>	<i>Chair: Matt O'Hara</i>
<b>Session D</b>	<b>8:30am</b> <b>Michael Brown</b> Classical Acupuncture: the practical application of the Mingtang Jing 明堂經 (7) [Lecture]	<b>8:30am</b> <b>Zhen Zheng</b> Integrating acupuncture into surgical care: a framework driven by implementation science (32) [Lecture]	<b>8:30am</b> <b>Greg Williams</b> Chinese Clock in Qigong & Acupuncture (30) [Workshop]
		<b>9:15am</b> <b>Leigh Harper</b> Professional Indemnity Insurance and Risk Management Hints and Tips (13) [Lecture]	
<b>10:00-10:30am   Morning tea   Exhibition Area</b>			
	<b>Ballroom</b>		
<b>10:30am-12:00pm</b>	<i>Chair: Waveny Holland</i>		
<b>Session E</b>	<b>10:30am - Plenary</b> <b>Mazin Al-Khafaji</b> An Introduction to Understanding and Treating Disease of the Skin with Chinese Herbal Medicine (1) [Workshop]		
<b>12:00-1:00pm   Lunch   Exhibition Area</b>			
<b>1:00-2:30pm</b>	<i>Chair: Rose Pinter</i>	<i>Chair: Andrew Matfin</i>	<i>Chair: Richard Li</i>
<b>Session F</b>	<b>1:00pm</b> <b>Charles Buck</b> Chinese Medicine History in Herb Formulas (5) [Lecture]	<b>1:00pm</b> <b>Irene Prantalos</b> Psoriasis: Management is more than just a treatment (23) [Workshop]	<b>1:00pm</b> <b>Tyler Rowe</b> Acupuncture and Landform (31)[Lecture]
			<b>1:45pm</b> <b>Tina Czech</b> Therapeutic laser for detecting and treating blockages to healing, using non-invasive laser diagnosis and localised neural and tissue therapy (37) [Lecture]
<b>2:30-3:00pm   Afternoon Tea / AGM sign up   Exhibition Area</b>			
<b>3:00-4:00pm</b>	<i>Chair: Waveny Holland</i>	<i>Chair: Andrew Matfin</i>	<i>Chair: Matt O'Hara</i>
<b>Session G</b>	<b>3:00pm</b> <b>Steve Clavey</b> Fu Qingzhu: his historical importance and the use of several key formulas (9) [Workshop]	<b>3:00pm</b> <b>Peter Scarselletti</b> Regulating Function by Regulating Structure (25) [Workshop]	<b>3:00pm</b> <b>Charlie Xue (CMBA)</b> Views on Chinese Medicine as a regulated health care profession: inside-out vs outside-in (35)[Lecture]
			<b>3.30pm</b> <b>David Graham and Debra Gillick (CMBA)</b> Dry needling – where does regulation fit in? (36) [Lecture]
<b>4:30-6:00pm   AACMA Annual General Meeting   Ballroom</b>			

# DAY THREE

**SUNDAY 19 MAY 2019**  
**CONFERENCE PROGRAM | 8 CPD POINTS**

	Ballroom 1	Ballroom 2	Ballroom 3
<b>8:00-9:30pm</b> Session H	Chair: Andrew Matfin <b>8:00am</b> <b>Carolyn Arnold, Dawn Wong and Zhen Zheng</b> Engaging your patients in Pain Management: From Science to Practice (33) [Workshop]	Chair: Rose Pinter <b>8:00am</b> <b>Winston Wang</b> Pulse Diagnosis – Using Huangjia Yiquan Thousand Step pulse in clinical practising (29) [Workshop]	Chair: Luzviminda Agosta <b>8:00am</b> <b>Bill Pearson</b> Medical Qigong (20) [Workshop]
<b>9:30-9:45am   Interval</b>			
<b>9:45-10:30am</b> Session I	Chair: Matt O'Hara <b>9:45am</b> <b>Joe Azuolas</b> Useful distal treatments for neck, back and sciatic pain (6) [Lecture]	Chair: Rose Pinter <b>9:45am</b> <b>Michael Popplewell</b> The Traditional Chinese Medical Diagnostic Descriptor; what It Could Mean for Your Clinical Practice (21) [Lecture]	Chair: Luzviminda Agosta <b>9:45am</b> <b>Serg Mezhov</b> Selection and application of different methods in point intervention therapy (19) [Lecture]
<b>10:30-11:00am   Morning tea   Exhibition Area</b>			
<b>Ballroom</b>			
<b>11:00-12:30pm</b> Session J	Chair: Waveny Holland <b>11:00am - Plenary</b> <b>Charles Buck</b> Truth Decay – how much of our ancient wisdom still makes sense today (3) [Workshop]		
<b>12:30-1:30pm   Lunch   Exhibition Area</b>			
<b>1:30-3:00pm</b> Session K	Chair: Waveny Holland <b>1:30pm</b> <b>Mazin Al-Khafaji</b> The Treatment of Bacterial Infections of the Skin with Chinese Herbal Medicine (2) [Workshop]	Chair: Richard Li <b>1:30pm</b> <b>Jong Choon Lew</b> Astonishing benefits of Vegetarian/Vegan diet for humans, especially for Healthcare Practitioners (17) [Lecture]  <b>2:15pm</b> <b>Ted Davis</b> Huangdi Neijing Lingshu: An Essay on its Name and Organisation, and some Reflections upon the Participating Interlocutors (10) [Lecture]	Chair: Luzviminda Agosta <b>1:30pm</b> <b>Edith Guba</b> Chinese philosophy, the bond between the theories of Chinese medicine and Qigong (12) [Workshop]
<b>3:00-3:30pm   Afternoon tea   Exhibition Area</b>			
<b>3:30-5:00pm</b> Session L	Chair: Waveny Holland <b>3:30pm</b> <b>Michael Brown</b> Chinese Medicine: a source based approach (8) [Lecture]	Chair: Richard Li <b>3:30pm</b> <b>Ronnie Stein</b> Japanese Moxibustion Techniques (28) [Workshop]	Chair: Luzviminda Agosta <b>3:30pm</b> <b>David Hartmann</b> Five Element Archetypes - Who do you think you are? (15) [Workshop]
<b>5:00-5:30pm   Closing Ceremony   Ballroom</b>			



# PRESENTER INDEX

Presenter (Abstract number)	Date	Time	Session	Room
Mazin Al-Khafaji (1)	18 May 2019	10:30am	E1	Ballroom
Mazin Al-Khafaji (2)	19 May 2019	1:30pm	K1	Ballroom 1
Jospeh Azuolas (6)	19 May 2019	9:45am	I1	Ballroom 1
Michael Brown (7)	18 May 2019	8:30am	D1	Ballroom 1
Michael Brown (8)	19 May 2019	3:30pm	L1	Ballroom 1
Charles Buck (3)	19 May 2019	11:00am	J1	Ballroom
Charles Buck (4)	17 May 2019	5:00pm	C1	Ballroom 1
Charles Buck (5)	18 May 2019	1:00pm	F1	Ballroom 1
Steven Clavey (9)	18 May 2019	3:00pm	G1	Ballroom 1
Tina Czech (37)	18 May 2019	1:45pm	F3	Ballroom 3
Ted Davis (10)	19 May 2019	2:15pm	K2	Ballroom 2
Debra Gillick and David Graham (36)	18 May 2019	3.30pm	G3	Ballroom 3
Louis Gordon (11)	17 May 2019	1:00pm	A2	Ballroom 2
Edith Guba (12)	19 May 2019	1:30pm	K3	Ballroom 3
Leigh Harper (13)	18 May 2019	9:15am	D2	Ballroom 2
David Hartmann (14)	17 May 2019	2:30pm	B3	Ballroom 3
David Hartmann (15)	19 May 2019	3:30pm	L3	Ballroom 3
Adrian Larsen (16)	17 May 2019	2:30pm	B2	Ballroom 2
Jong Choon Lew (17)	19 May 2019	1:30pm	K2	Ballroom 2
Jane Lyttleton (18)	17 May 2019	1:00pm	A1	Ballroom 1
Serg Mezhov (19)	19 May 2019	9:45am	I3	Ballroom 3
Bill Pearson (20)	19 May 2019	8:00am	H3	Ballroom 3
Michael Popplewell (21)	19 May 2019	9:45am	I2	Ballroom 2
Michael Popplewell (22)	17 May 2019	4:15pm	C2	Ballroom 2
Irene Prantalos (23)	18 May 2019	1:00pm	F2	Ballroom 2
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Peter Scarselletti (26)	17 May 2019	2:30pm	B1	Ballroom 1
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Daniel Spigelman (27)	17 May 2019	4:15pm	C3	Ballroom 3
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Winston Wang (29)	19 May 2019	8:00am	H2	Ballroom 2
Greg Williams (30)	18 May 2019	8:30am	D3	Ballroom 3
Charlie Xue (35)	18 May 2019	3:00pm	G3	Ballroom 3
Zhen Zheng (32)	18 May 2019	8:30am	D2	Ballroom 2
Zhen Zheng, Carolyn Arnold and Dawn Wong (33)	19 May 2019	8:00am	H1	Ballroom 1

## Australasian Acupuncture and Chinese Medicine Annual Conference

**PULLMAN MELBOURNE  
ON THE PARK**  
17-19 MAY 2019

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### BOOK OF ABSTRACTS AND CONFERENCE PROGRAM

EDITOR  
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